

**The Rockville Swim and Fitness Center is committed to providing a safe and enjoyable recreation experience. The following guidelines are designed to protect center users and staff and maintain the integrity of the facility.**

#### **Rockville Swim and Fitness Center Administrative Guidelines**

- All users age 1 year and older must purchase a daily admission or scan their membership card.
- Children age nine (9) years and younger must be supervised by an adult at all times.
- Watching requires a daily admission card or membership pass except for City-sponsored classes and programs.
- Memberships are non-transferable.
- All patrons ages six (6) years and older must use the appropriate locker room. Children ages five (5) years and under may use the locker room of the opposite sex when accompanied by their parent or legal guardian.
- Cell phones may not be used in the locker rooms, bathrooms, or changing areas.
- Careless, abusive or improper conduct will not be tolerated.
- The center is not responsible for lost or stolen items.
- Loud and disruptive behavior, fighting and the use of profanity will not be tolerated.
- Bicycles, skateboards and Heely skating are not permitted in the complex.
- Smoking is not permitted inside the facility or on the grounds.
- Use of alcohol and illegal substances in the facility and on the grounds is not tolerated. Persons under the influence of alcohol will not be permitted in the complex.
- Glass containers are prohibited from all areas.
- Cameras or any other video recording device may only be used with the direct permission of the supervisor on duty.
- Sauna users must be 18 years of age.
- Spa users must be 18 years of age. Youths ages 15 to 17 are permitted in the spa if accompanied by their parent or legal guardian. Children ages 14 and under are not permitted in the spa.
- There will be no refunds for inclement weather

#### **Rockville Swim and Fitness Center – Swimming Pool Rules**

- All patrons should shower before entering any pool
- No patron should enter a pool unless it is officially open and lifeguard is on duty.
- Only persons in bathing suits are permitted in any pool
- Any person having skin diseases, inflamed eyes, cold, nasal or ear discharge or communicable disease will not be permitted in any pool.
- All non-toilet trained children must be diapered and wear tight fitting vinyl pants
- Spitting, spouting water, or blowing the nose, are strictly prohibited
- Toys, balls, inner tubes, floats, etc. are permitted in the Tot Pool only. Use during the winter months is at the discretion of the supervisor on duty.
- Underwater swimming for distance is prohibited
- The only flotation devices permitted are US Coast Guard approved life vests. A parent or legal guardian must accompany and stay within arm's reach of any patron using a life vest.
- Non-swimmers or weak swimmers must remain in shallow water, no deeper than their waist.
- During the summer months, the outdoor complex will conduct hourly 15-minute rest periods in which all children ages 17 years and under must exit the pools.
- There will be no refunds for inclement weather

### **Rockville Swim and Fitness Center - Fitness Center Guidelines**

- All users must purchase a daily admission or scan their membership card.
- Patrons must be 18 years of age to use the fitness equipment without supervision. Teens 14 to 17 years old must be accompanied by an adult fitness member. Children younger than 13 years old may not use the fitness center.
- No food or drink is allowed in the fitness center. Water is permitted in non-glass containers.
- Appropriate dress is required. Shirts must be worn at all times. Athletic shoes are required on the fitness equipment.
- Careless, abusive or improper use of equipment will not be tolerated.
- Use of equipment is limited to 30 minutes when others are waiting.
- Return equipment to its proper place after use.
- Clean the fitness center machines with the wipes provided after use.
- Do not move the cardio and strength equipment.
- Stand away from equipment in use by others.
- The center is not responsible for lost or stolen items.
- Profanity and other offensive or intimidating behavior will not be tolerated.
- Be respectful of others in regard to the selection and volume of television programs.